



★ NEW EDUCATION COURSE, starting in 2018-2019 ★

Optimizing patient's adherence to medication: an ESPACOMP interprofessional training program

Course leaders and moderators: [Marie Schneider](#), University of Geneva, University of Lausanne, Switzerland; [Juliet Foster](#), Woolcock Institute of Medical Research, The University of Sydney, Australia; [Todd Ruppap](#), Rush University, US.

Duration: Five months; one training event per month beginning in November 2018 and including four 90-minute webinars and a one-day face-to-face pre-conference workshop at ESPACOMP in Dublin on 29th November 2018.

Introduction: The aim of this course is to provide evidence-based training and practical solutions for understanding and addressing medication adherence in interactions with your patients. The course aims to increase your awareness of how to build patients' skills for appropriate use of prescribed treatments through improved patient engagement. In past years it has become obvious that strategies for supporting medication adherence must be implemented throughout the medication use continuum from prescription, through dispensation, to life-long medication use. Interprofessional collaborations are needed to support the adoption of useful strategies which support medication adherence along this continuum. Lastly, because the healthcare system itself influences medication adherence, the course will develop critical thinking on ways to support the delivery of routine adherence strategies at all levels of your health care system.

Learning objectives:

- Provide evidence-based, inter-professional education on medication adherence
- Train participants to engage in building an effective relationship with patients around optimising medication adherence
- Increase the ability of participants to address medication adherence issues in close collaboration with their colleagues
- Deliver a common understanding of definition, methodology, measurement and management of adherence
- Develop competencies for medication adherence management within all levels of the healthcare system

Strengths of this course

- A central focus on effective ways of thinking about and working with adherence to help participants increase their patients' empowerment and motivation towards medication adherence
- Practical exercises (e.g. communication skills for discussing adherence, case studies) for improving participants understanding of the patient's perspective and to develop useful, applicable skills

- Introduction to health technology tools for supporting medication adherence
- Course delivered by experts in adherence, patient education and health communication

Learning methods:

- Alternation of face-to-face training and webinar sessions
- Theory 60%, practice 40% (including role play and participant interaction)

Bibliography: will be provided during the course

Number of participants: Minimum 15, Maximum 25

Participants profile:

The course is open to healthcare professionals, physicians, pharmacists, nurses, including health psychologists, academics, patient association managers, medicine agencies, pharmaceutical industry and other interested parties.

Participants will be asked to complete a short questionnaire during registration which includes questions on professional background, reasons for registering for the course and experience of training other healthcare professionals.

Participants should be fluent in English or feel comfortable interacting in English with trainers and other participants.

Evaluation: An ESPACOMP-endorsed certificate (level 1) will be provided at the end of the course to all participants who attend the 1-day workshop in Dublin and a minimum of three 90-minute webinars.

