

NEW ESPACOMP EDUCATION COURSE, starting in 2016-2017:

TITLE: interprofessional course in optimizing patient's adherence to medication

Trainers: [Prof. Todd Rupp](#), PhD, RN, University of Missouri, US; [Marie Schneider](#), PhD, RPh, University of Geneva, University of Lausanne, Switzerland; [Cristiana Fortini](#), MSc, University of Lausanne, Switzerland; [Joel Porter](#), PsyD, Lives Lived Well, Australia; [Juliet Foster](#), PhD, Woolcock Institute of Medical Research, The University of Sydney; [Prof. Bradi Granger](#), PhD, RN, Duke University, US; [Prof. Hayden Bosworth](#), PhD, Duke University, US, [Prof. Sophie Lauzier](#), Laval University, Canada; [Robert Vander Stichele](#), MD, University of Gent, Belgium; [Prof. Sabina de Geest](#), PhD, R.N., University of Basel, Switzerland; [Jan Liska](#), ESCP Europe Masters in Business, Sanofi, France;

Duration: 5 months, 1 webinar/month from October 2016 to March 2017, including a one-day workshop at the ESPACOMP pre-conference, Lisbon, 17 November 2016

Introduction: the aim of this course is to provide scientific knowledge and a sound understanding to address medication adherence in healthcare. The course aims to increase professionals' awareness of how to build patient's skills for appropriate use of pharmaceuticals through improved patient engagement. In the past years, it has become obvious that strategies for supporting medication adherence must be implemented along medication use continuum from prescription, through dispensation and life-long medication use. Therefore, novel interprofessional collaborations are needed along this continuum to support adoption of useful strategies that support medication adherence. Lastly, the healthcare system itself influences medication adherence, critical thinking will be developed during the course on ways to change health systems to better support adherence strategies in routine care.

Learning objectives:

- Provide standardized, interprofessional education of medication adherence
- Train health care professionals (HCPs) to engage in building an efficient therapeutic relationship with patients related to medication adherence
- Increase the ability of participants to address medication adherence issues in close collaboration with their HCPs colleagues
- Deliver a common understanding of definition, methodology, measurement and management of adherence
- Develop competencies for medication adherence management within all levels of the healthcare system

Strong characteristics of the educational course

- Programme delivered by academic experts in adherence and professionals involved in patient education and health communication
- Education course centred on improved processes, skills/attitude and information technology needed by HCPs to increase patient's empowerment and involvement towards medication adherence
- Practical exercises (e.g. assessing motivation, case studies)

Learning methods:

- Alternation of classroom-training and webex sessions
- Theory 60%, practice 40% (including role play)

Bibliography: will be provided later on

Number of participants: min 10 - max 25

Participants profile:

The course is open to healthcare professionals including, health psychologists, academics, patient association managers, medicine agencies, and pharmaceutical industry.

Participants will be asked to complete a short questionnaire during registration to collect information on their background and motivations for registering for the course. Survey information will also be collected regarding whether participants would/could engage in training of other healthcare professionals.

Participants should be fluent in English, or feel comfortable interacting in English with trainers and other participants.

Evaluation: an ESPACOMP certificate (level 1) will be delivered to participants at the end of the course providing minimal attendance of the 1-day workshop in Lisbon and 3 webinars.



Workshop 'Addressing medication nonadherence with patients'
Enhancing motivation to improve medication adherence

Detailed program – Lisbon, 17 November 2016

Introduction

Motivational interviewing (MI) is a collaborative conversation style for strengthening people's motivation and commitment to change. It is an approach that has been demonstrated to enhance engagement and adherence in medical settings resulting in positive outcomes for patients.

The aim of this interactive one-day workshop is to provide an introduction to motivational interviewing and expand your engagement skills.

Trainers

Cristiana Fortini is a psychologist, specialized in the development and delivery of Motivational Interviewing (MI) training programs for health professionals across a variety of countries, languages, and fields. She has trained physicians, nurses, pharmacists, psychologists, dieticians, specialists, therapists, counselors, etc. working with patients dealing with addictions, chronic disease, at-risk lifestyle habits, etc. She currently works in the Alcohol Treatment Centre of the Lausanne University Hospital. She is a certified MI trainer and has been an active member of MINT (Motivational Interviewing Network of Trainers) since 1997.

Joel Porter is a clinical psychologist living in Gold Coast, Australia. Joel is the Associate Clinical Director of Lives Lived Well and an Adjunct Associate Professor at the University of Canberra – Centre for Applied Psychology. He is a member of the Motivational Interviewing Network of Trainers and a certified MI trainer. Joel has provided MI training to a wide range of professionals around the world for the past 12 years.

Program content:

Introduction and Foundations

The challenges in a conversation about medication adherence

Motivational Interviewing (MI): Understanding change

- What helps people change and what gets in the way
- The four processes of MI
- The foundational skills of MI
- Change talk: Strengthening motivation and commitment to change

Conclusions

Times: 09:00 – 12:00

13:00 – 16:00

16:00-17:00: Case studies to launch network & collaboration between participants in the medication adherence education course

Language: English