



International Society for Medication Adherence (ESPACOMP)
30th ESPACOMP Annual Conference 2026
Utrecht, The Netherlands

PRE-CONFERENCE ACTIVITIES
Wednesday November 18th



Make-It Day

Location: Nivel, Otterstraat 118-124, Utrecht, The Netherlands

9:30—10:00	Registration Make-It Day
10:00 – 10:15	Opening by Make-It President Liset van Dijk
10:15 – 10:40	Presentation Switzerland: <i>Sarah Serhal and Marie Paule Schneider</i>
10:40 – 11:05	Presentation Spain: <i>Victoria Cardenas and Francisca Leiva Fernandez</i>
11:05 – 11:35	Morning Break
11:35 – 12:00	Presentation The Netherlands: <i>Rob Heerdink</i>
12:00 – 12:30	Q&A: joint Q&A for all the presentations
12:30 – 13:30	Lunch
13:30 – 14:00	Energizer: Cross the Line
14:00 – 15:15	Parallel tracks: • Why, How and What of Collaborative funding applications and European cooperation • Interactive peer-learning session: Sharing needs and experiences
15:15 – 15:45	Afternoon Break
15:45 – 16:45	Summary and Consolidation
16:45 – 17:15	Keynote <i>Benien Vingerhoed (ZonMW): European funding applications</i>
17:15 – 17:30	Closure of the Make-It Day: Liset van Dijk and Marcia Vervloet



ESPACOMP Welcome reception for all attendees, Nov 18th

Location: Nivel, Otterstraat 118-124, 3513 CR Utrecht, The Netherlands

18:00-19:30	Welcome Reception at Nivel - Netherlands Institute for Health Services Research <i>This opening event offers an excellent opportunity to connect with other attendees in a relaxed atmosphere before the official ESPACOMP program begins.</i> <i>Attendance is free of charge.</i>
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ESPACOMP Social Event for Early Career Researchers, Nov 18th

Location: Jeu-de-Boules Bar, Paardenveld 3, 3511 RD Utrecht, The Netherlands

20:00 -	Early Career Researchers' Social Event <i>This event hosts a relaxed social activity to explore Utrecht together and connect with fellow young researchers.</i> <i>We will head together to a local jeu-de-boules bar, where you can enjoy friendly games, drinks, and shared bites while getting to know peers from across the adherence research field.</i> <i>Participation fee €25 (please register at the ESPACOMP website)</i>
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International Society for Medication Adherence (ESPACOMP)
30th ESPACOMP Annual Conference
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PROGRAM ANNUAL CONFERENCE
19-20 November 2026

Day 1, Thursday November 19th

Location: Leeuwenbergh, Servaasbolwerk 1a, 3512 NK Utrecht

8:00 - 9:00	Registration
9:00 - 9:30	Welcome Word <i>Make-It consortium, local hosts</i> <i>Marcia Vervloet, ESPACOMP President 2026</i>
9:30 - 10:30	Oral Session 1: Medication Adherence Interventions <i>Session chair: Leah Zullig</i> • Sylvia Verwoert Development of a pharmacist-led pharmacotherapeutic care program for patients with chronic heart failure using Intervention Mapping: supporting optimal medication use, including medication adherence • Adelien Watteyne Community pharmacist intervention to enhance adherence in patients initiating cardiovascular medication: the PHARM-ADHERE randomized controlled trial • Francisca van den Oever A multi-component Pharmacist Intervention with Dose Optimisation of Phosphate-binding medication (PIDO-P) reduces pill burden and improves persistence of phosphate-binding medication use in patients on haemodialysis • Malin Johansson Östbring No effect on coronary patients unplanned hospital contacts by a person-centred pharmaceutical care intervention - is 10% increase in adherence rate good enough? Reflections from the 36 months follow-up of Motivational Interviewing and Medication Review in Coronary Heart Disease (MIMeRiC) randomized controlled trial • Jacqueline Hugtenburg Evaluating Conversational AI for Medication Adherence Monitoring Using Patient Simulation
10:30 - 11:00	Coffee Break & Digital Poster Viewing



11:00 - 11:45	John Urquhart Memorial Lecture <i>Chair: Marcia Vervloet</i> Prof. dr. Liset van Dijk From Make-It to Made-it? The dynamics of a long-running program of tailored implementation of medication adherence interventions in local primary care real-world settings
11:45 - 12:45	Oral Session 2: Healthcare Provider, Patient and Caregiver Perspectives <i>Session chair: Francisca Leiva Fernandes</i> • Amit Singh Drug-related problems in chronic heart failure management: a qualitative study of healthcare professionals' perspectives on types, perceived causes, and potential interventions • Sara Mucherino Medication Adherence Counselling in Community Pharmacy: Patient-Perceived Communication Gaps from the CAT-Pharm-community multicenter study • Rob Horne Parental beliefs shape responses to vaccination messages: Implications for childhood flu vaccine initiation • Pauline Maniki Patient Priorities for Medication Adherence Intervention Components in Coexisting Diabetes and Hypertension: Findings from a Co-Design Study • Nienke Dijkstra Informal caregivers and medication adherence: activities, challenges, and support needs from a community pharmacy perspective. A cross-sectional study in the Netherlands and Flanders
12:45 - 13:45	Lunch
13:30 - 14:30	Digital Poster Sessions
14:30 - 15:15	Plenary Roundtable: Obesity Management <i>Moderator: Przemyslaw Kardas</i> Prof. dr. Arya Sharma, dr. Michael Crotty, Natasja Wijling
15:15 - 16:15	Oral Session 3: Methodology <i>Session chair: Enrica Menditto</i> • Sara Mucherino Real-World Adherence to Oral Tyrosine Kinase Inhibitors in Chronic Myeloid Leukaemia: Treatment Interruptions, Switching and Restart Patterns • Caitriona Cahir Individual and composite measures of adjuvant endocrine therapy adherence: An analysis of their associations with quality of life in women with breast cancer.



	• Non Davies Trial run-ins to screen for adherence: Evidence from medication event monitoring system data • Tamas Agh Machine Learning Prediction of Future Non-Adherence Using Alternative Approaches to Measuring Medication Adherence in COPD • Martin Selvek A sequential claims-based framework for comparing the relative importance of initiation, persistence and implementation in medication adherence: a proof-of-concept study on statins
16:15 - 16:45	Coffee Break & Digital Poster Viewing
16:45 - 17:30	Keynote Lecture <i>Chair: Bernard Vrijens</i> Dr. Michael Ho Precision Adherence: Delivering the Right Support to the Right Patient at the Right Time
17:30 - 18:15	Meeting of the ESPACOMP Society – all participants are welcome to join
19:30	Conference dinner & dance at Leeuwenbergh – Included in the conference fee!

Day 2, Friday November 20th

Location: Leeuwenbergh, Servaasbolwerk 1a, 3512 NK Utrecht

8:30 - 9:30	Early Career Group Networking Session <i>Session chairs: Sara Mucherino & Connor Drake</i> • Sarah Rondeaux Implementing myCare Start to improve medication adherence during treatment initiation: preliminary data from an ongoing hybrid type 2 effectiveness–implementation trial in Swiss primary care • Adriana González Salgado From prescription to early implementation: phase-specific medication adherence across chronic treatments in Andalusia • Malin Johansson Östbring From idea formation to evidence of how drug-related problems and beliefs can be managed to improve adherence: What the process evaluation explained about medication adherence effects in the Motivational Interviewing and Medication Review in Coronary Heart Disease (MIMeRiC) randomized controlled trial • Anastasija Levkina Community pharmacist-led structured glycemetic control consultations supporting diabetes management and medication adherence.
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	• Timo Vogelzang A Pharmacist Competency Framework for Chronic Heart Failure Care with a Focus on Medication Adherence: A Modified Delphi Study • Guy Taylor Composite measures of medication adherence: Combining self-report and pharmacy data in women with breast cancer prescribed adjuvant endocrine therapy
9:30 - 10:30	Oral Session 4: Determinants of Medication Adherence <i>Session chair: Victoria Cardenas</i> • Amélie Rosière Adherence to inhaled corticosteroids in 28,820 children: a nationwide cohort study highlighting gaps in adolescents and the role of prescribers • Oskar Rachwal Estimating real-world persistence to cardiometabolic medication in people with type 2 diabetes to inform an early HTA: A CarePath study • Maud Hovestadt MedACT: Medication Adherence in lung Cancer Treatment • Joanne Crook Piloting the “Making Medicines Work For You” screener to identify medication adherence barriers in children with chronic liver disease • Connor Drake Social determinants of health and estimated adherence to medications for alcohol use disorder: A descriptive analysis of Veterans Health Administration data
10:30 - 11:00	Coffee break & Digital Poster Viewing
11:00 - 11:45	Keynote Lecture <i>Chair: Sabina de Geest</i> Dr. Jacob Crawshaw Advancing Adherence Management Through Implementation Science: Achieving Healthcare Professional Practice Change
11:45 - 12:45	Oral Session 5: Implementation of Medication Adherence Interventions <i>Session chair: Rob Heerdink</i> • Sander Borgsteede Developing and implementing comprehensible prescription label instructions in Dutch community pharmacy • Natascha Krauer Facilitation as a key strategy for the implementation of pharmacy-based health services – Preliminary findings from an ongoing evaluation of myCare Start in Switzerland • Ruby Janssen Evaluating the Make-It Consortium's implementation support for medication adherence interventions in Dutch primary care: a qualitative interview study



	• Marit Buiting Identifying contextual factors from the healthcare providers' perspective for successful implementation of an intervention to improve medication self-management in young patients with chronic diseases • Rivka Houwaart IMACT-DOAC: Implementation of adherence improving interventions in community pharmacies for patients with atrial fibrillation using Direct Oral Anticoagulant: An evaluation using the RE-AIM framework
12:45 - 13:30	Lunch
13:30 - 14:30	Digital Poster Sessions
14:30 - 15:15	Keynote Lecture <i>Chair: Dyfrig Hughes</i> Prof. dr. Jesse Swen <i>Personalizing Medicines, Optimizing Outcomes: Pharmacogenetics Implementation and Lessons from the Netherlands</i>
15:15 - 15:30	ESPACOMP Survey <i>Chair: Przemyslaw Kardas</i>
15:30 - 16:30	Oral Session 6: Networks to promote medication adherence <i>Session chair: Marie-Paule Schneider</i> • Erika Brattinga-Roth How Can Medication Adherence Support Environmental Awareness and Help Prevent Pharmaceutical Water Pollution? The PREWAPHARM Interreg Project Approach • Przemyslaw Kardas Medication adherence management in primary care: a global ESPACOMP and WONCA initiative to develop a practical handbook for daily clinical practice • Francisca Leiva Professional network to promote medication adherence best practices and technologies: The ENABLE Consortium Project. • Victoria Cardenas Advancing Medication Adherence Research and Education Through Collaboration. The PIONEER proposal and a funded Blended Intensive Programme • Sara Mucherino & ECR group Assessing Uptake and Fidelity to the ABC Taxonomy and EMERGE Guideline: An ESPACOMP Early Career Researchers Review Project
16:30 - 16:45	Presentation of Prizes Jean-Michel Metry Poster Prize and Early Career Abstract Prize
16:45 - 17:00	Closure of the Meeting & Next Year Meeting